



Sigma Theta Tau



Theta Omicron Chapter

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P.O. Box 234125
Anchorage, Alaska 99508

July, 2006

Congratulations Are in Order

To Our 2006 Inductees



Welcome to the Theta Omicron Chapter of Sigma Theta Tau.
Please see page 5 for the names of the inductees.

To Julie McNulty
Recipient, Tina DeLapp Award for Excellence



Julie McNulty and Judy Petersen

Julie is a student in the Anchorage Cohort of the Oregon Health Science University Doctoral Program, and the Nursing Internship Program Coordinator at the Alaska Native Medical Center. Julie was honored for her commitment to clinical nursing, education, and her role in Alaska Native Medical Center's acquisition of Magnet status.

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Theta Omicron Chapter

- ◆ Chartered on April 12, 1986
- ◆ 1995—Establishment of the Tina DeLapp excellence Award
- ◆ 1999—Establishment of Theta Omicron Research Award Committee



President's Message

Dear Theta Omicron Members,

I hope you are enjoying your summer. We welcome two new chapter officers: Carol Coose (Nominations) and Fredericka Gilja (Counselor). Some news: we had a busy spring with chapter activities. Our February conference "Hot Topics in Clinical Practice" was a success. We owe thanks to Anya Boutwell, Judy Peterson, Georgia Heiberger and Karen Kincaid for volunteering to assist with the conference. We inducted 32 new members and sponsored a team at the Run for Women. We also will be sending Anya Boutwell, Chapter Vice President, to the Sigma Theta Tau Annual Leadership conference in Indianapolis this Fall.

The Board met in March to create a strategic plan to help us in moving forward. We reviewed the strengths and weaknesses of the chapter. We will be working on the following:

1. Update Web Site
2. Consider the following new events:
 - a. Gradate student event/tea
 - b. Health fair
 - c. Research Poster Fair (perhaps in collaboration with one of the facilities)
 - d. Upgrade the Orientation event to more of a social/networking event
 - e. Look for individual interested in participating in a mentoring program.

We do not plan to sponsor a conference on our own this year – there is just too much competition. We plan to partner with other agencies/organizations. We are open to sponsoring poster presentation sessions or other creative events. Your ideas are welcome.

Be on the lookout for the new web site and newsletter. We are very grateful to the new newsletter editor, Theresa Philbrick. She brings energy and perseverance to her reporting. Let us know if we can send you the newsletter electronically.

Thanks for your membership and participation in chapter activities. Please send us your ideas on ways of making the chapter more useful/fun for you.

Very truly yours,

Maureen O'Malley, RN, DNSc
President, Theta Omicron

 * Create the Future "From Vision to Action, The Call for Collaboration" *
 * Highlights from President Picard's Call to Action *
 * *
 * President Carol Picard has challenged us to "Look Outward and Collaborate." In her recent President's *
 * Call To Action message, President Picard presented a "path to the future" which beckons nurses to step *
 * forward and embrace the foundational nursing practice qualities of compassion, competence, confidence, *
 * commitment, and conscience. Anchored by these qualities, President Picard further summons us to step *
 * outside of ourselves to "Look Outward and Collaborate." *
 * To read President Picard's complete message, please go to [http://www.nursingsociety.org/about/](http://www.nursingsociety.org/about/Picard_CALL.html) *
 * Picard_CALL.html *
 * *

Names in the News

Funded by Sigma Theta Tau, Theta Omicron Chapter: Jill Rife and Holly Demeglio Awarded Research Grants



Jill Rife

Jill Rife and Holly Demeglio, UAA School of Nursing Graduate Students, each received a \$500.00 research grant from the Sigma Theta Tau Research Fund towards their research projects. Jill's thesis is titled, *Understanding Heart Disease in Women: A Focused Ethnographic Approach*. Holly's thesis is titled *An Exploration of The Use of Social Support By People Who Are Grieving the Death of a Pet*.



Holly Demeglio

Are you returning to graduate school? Do you have an idea for a small study? Theta Omicron has established a research fund to award grants to support these endeavors. Contact Dr. Betty Predeger at 786-4575 for more information.

2006 Activity Recap

Spring, 2006 Nursing Research Conference, February 24-25

Hot Topics in Clinical Practice:

Strategies for Today's Changing World

Ninety people attended the 2006 Annual Research Conference held at the Millennium Hotel in Anchorage. The conference featured Alaska's only nationally certified Sex Therapist Ellen Cole, PhD, from Alaska Pacific University. Dr. Cole spoke about "*Women's Sexuality-The New View Campaign*." Margaret M. Margaret M. Heitkemper, RN, PhD, FAAN, author and researcher from the University of Washington was also a featured speaker. Dr. Heitkemper presented a clinical update regarding Irritable Bowel Syndrome. Other topics presented included: Metabolic Syndrome, Depression in Women, Infertility, Bariatrics and Popular Diets, Osteoporosis, Drug Abuse in the Pediatric Population, and Vascular Access. Stay tuned for information regarding the 2007 Spring Conference and plan to attend!

Run Women, Run!

Team Theta Omicron "Ran" For Women, June 10, 2006 in the Alaska Run/Walk for Women, an event focused on raising community awareness of breast cancer. Fifteen women ran/walked for Team Theta Omicron. The donations raised by Team Theta Omicron will go towards educational outreach and breast cancer research. Way to go Team Theta Omicron!

Administrative News

Welcome 2006–2007 Theta Omicron Officers

President	Maureen O'Malley	afmbo@uaa.alaska.edu
Vice President	Anya Boutwell	asaab11@uaa.alaska.edu
Secretary	Jane Hebert	jane@advantabe-rtw.com
Treasurer	Judy Petersen	georgeandjudy@gci.net
Counselor	Georgia Heiberger	afglh1@uaa.alaska.edu
Counselor	Fredericka Gilje	afflg@uaa.alaska.edu
Nominations	Karen Kincaid	afkdk@uaa.alaska.edu
Nominations	Carol Coose	afcsc@uaa.alaska.edu
By-Laws	Dianne Toebe	afdmt@uaa.alaska.edu
Research	Elizabeth Predeger	afejp@uaa.alaska.edu
Communications/Web Site	Anya Boutwell	asaab11@uaa.alaska.edu
Communications/Newslet	Theresa Philbrick	theresaphilbrick@hotmail.com
Membership	Gail Holtzman	afgmh@uaa.alaska.edu
CE Coordinator	Peggy Balster	Margaret.balster@va.gov

PAPER OR PLASTIC ? Digital or Hardcopy ?

Help conserve paper, and reduce printing costs by electing to view the newsletter on line at [www.http://alaskanursingsociety.com/](http://alaskanursingsociety.com/) or receiving it via email. You may also opt to continue to receiving the newsletter at your home address. Please indicate your choice by emailing an updated email or physical mailing address to Theresa E. Philbrick, Newsletter Coordinator, c/o theresaphilbrick@hotmail.com.

Who Ya Gonna Call ?

Do you have an item of interest for the next newsletter?

Suggestions can be emailed to Theresa E. Philbrick, Newsletter Coordinator @ theresaphilbrick@hotmail.com or you may call Theresa at 907-240-1012.

Are you interested in being a part of the larger conversation? Do you have questions about participating in the larger conversation?

Join the Sigma Theta Tau Theta Omicron Chapter listserv. and increase your opportunity for discussion on a variety of topics. Contact Anya Boutwell, listserv. Coordinator at asaab11@uaa.alaska.edu.

Induction Ceremony, Spring 2006

Class of May 2006
Cheril Salar Abella
Karen Bemben
Gary Steven Koller
Tara Angela Kuzina
Lydia Martushev
Alina Rouk
Kirsten I. Stanton
Teanna Thompson

Class of August 2006
Shana Elizabeth Cato
Shelley Larson
Christina Lyn Magnusen
Robin Mida
Rebecca E. Nations
Liana Said Obeidi
Theresa Elizabeth Philbrick
Shawn Scorup

Class of December 2006
Sinnamon Maria Bovey, RN
Paul Bryner
Angela C Clark
Francesca DeVito
Jody Marie Fletcher
Kayla Renee Hoffman
Rosa Maria Kenshalo
Kirsten Larson
Tiffany N Morgan
Melissa Sampson

Master Of Science

Christine Chandler -MS 2007, Teri Lynn Kiss -MS 2007
Kimberly Lynn Longcake -MS 2007, Tonya Melton -MS
 Spring 2006, Kelly Murphy -MS Spring 2006
Amanda Traver -MS Summer 2006



Upcoming Events!

Date	Event
August 2006	Graduate Student Tea/Social
October 2006	General Membership Meeting Induction of Community Members Education Offering
Spring 2007	Research Poster Fair
Early March	Undergraduate Student Orientation/Social
March 2007	General Membership Meeting Educational Offering
April 2007	Induction
June 2007	Charitable Event - Run for Women
June 16-23, 2007	Cruising the Waters of Evidence Based Practice, an evidence-based practice pre-conference, sponsored by the Alaska Native Medical Center.
June 25-26, 2007	National Evidence-based Practice Conference at the Alaska Native Medical Center. For more information on these two events, please contact Karen Y. Wainwright, at (907)729-1970 or via email at kwainwright@anmc.org

New Inductees Conduct Research in UAA School of Nursing Honors Program



Robin Mida, Theresa Philbrick, Becca Nations

Robin Mida, Becca Nations, and Theresa E. Philbrick, senior Baccalaureate students and new Theta Omicron inductees, are exploring their interests through research as participants in the UAA School of Nursing Honors Program. Robin is investigating the incidence of infertility and depression among women aged 30 and older. Becca is analyzing factors contributing to teenage pregnancy among high risk Alaskan youth; and Theresa is surveying Alaskan Registered Nurses' perceptions of empathy. The Honors Program

provides selected students the opportunity to experience the research process guided by UAA SON faculty.

Theta Omicron Board:

President: Maureen O'Malley, DNSc, RN
Vice President: Anya Boutwell
Treasurer: Judy Petersen, MSN, RN
Secretary: Jane Hebert
Counselor: Georgia Heiberger, EdD, RN
Counselor: Fredricka Gilge, PhD, RN
Nominations: Carol Coose, MS, CNE, RN
Past President: Terri Olson, MSN, RN

Theta Omicron Committee Chairs:

By Laws: Dianne Toebe, PhD, RN
Continuing Education: Peggy Balster, MSN, RN
Membership: Gail Holtzman, MSN, RN, CCRN
Excellence: Tina DeLapp
Research: Betty Predeger, PhD, RN

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We're on the Web!
[Http://nursing.uaa.alaska.edu/stt](http://nursing.uaa.alaska.edu/stt)